



# STAY WELL THIS WINTER

**Talks, stalls and information...**

**FREE** drop-in event  
for people in Haringey

**Wednesday 14th December 2016**  
**11am to 3.30pm**

**639 Enterprise Centre, 639 High Road,  
Tottenham N17 8AA**

**FREE refreshments and snacks**

**healthwatch**  
Haringey

  
**Public Voice**

  
Haringey  
Over 50's  
Forum

**NHS**  
Haringey  
Clinical Commissioning Group



- Free NHS Health Checks\*
- Free information and advice
- Speakers
- Stalls
- Free Raffle
- Entertainment
- Free refreshments and snacks

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11am to 3.30pm

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Tottenham N17 8AA

\*To complete a health check you need to be a resident of Haringey, aged 40-74 years and not currently taking any medication for blood pressure, cholesterol or diabetes.