

Let's talk
about...

 HARINGEY
PALLIATIVE
CARE

Dying

Talks, stalls and information...

FREE drop-in event
for people in Haringey

Friday 13th May 2016, 10.30am – 3.00pm

Tottenham Town Hall,
Town Hall Approach,
London N15 4RY

For more information visit: healthwatchharingey.org.uk
or email: info@healthwatchharingey.org.uk

**healthwatch**
Haringey


Public Voice


Haringey
Forum for
Older People

**NHS**
Haringey
Clinical Commissioning Group

Let's talk about DYING: Talks, stalls and information...

FREE drop-in event
for people in Haringey

STALLS:

- ★ Local Funeral Directors, including Humanist and Natural Funeral Directors
- ★ Haringey Community Palliative Care Team
- ★ Talking to children with 'Memory Box'
- ★ Haringey Citizens Advice Bureau
- ★ Legal Advice from Solicitors
- ★ Culture Specific Services
- ★ Compassion In Dying
- ★ Your 'Digital Legacy'
- ★ Alzheimer's Society
- ★ Dementia Services
- ★ End of Life Care
- ★ Local Hospices
- ★ Health Checks

TOPICS and TALKS:

- ★ The New Haringey Palliative Care Service
- ★ Making choices that suit you
- ★ Planning your digital legacy
- ★ Bereavement Counselling
- ★ Cultural differences
- ★ Dignity in dying
- ★ Planning ahead

This event will be opened by
David Lammy,
MP for Tottenham.

Everybody who lives in Haringey is welcome,
come along for the whole day or just pop in at any time.

REFRESHMENTS
available all day

THE **BIG** CONVERSATION

**Talking about dying
won't make it happen!**

None of us likes to think about getting ill and dying, but not talking about it won't make it go away – any more than talking about dying will make it happen sooner. Having the big conversation can help you to live well and to make the most of life until the very end.

Every year in May, **Dying Matters** www.dyingmatters.org hosts an Awareness Week to place the importance of talking about dying, death and bereavement firmly on the national agenda.

The 2016 Awareness Week will run from 9-15 May and will have the theme 'The Big Conversation'.

Haringey's '**Let's talk about... Dying**' event will take place on **Friday 13 May** as part of the Dying Matters Awareness Week 2016.

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call: 07960 556 922