

A close-up portrait of a middle-aged Black man with a friendly smile. He is wearing a white collared shirt under a bright blue and yellow high-visibility jacket. The background is slightly blurred, showing what appears to be an indoor setting with red and white elements.

**Help us to  
make health  
and care  
services in  
Haringey  
better.**

Share your  
story with us  
and make a  
difference for  
everyone.

Read more inside...

[healthwatchharingey.org.uk](http://healthwatchharingey.org.uk)

020 8888 0579

 [@hwharingey](https://twitter.com/hwharingey)

it starts with

**YOU**

**healthwatch**  
Haringey



# Who are we?

Healthwatch Haringey is an independent health and care watchdog. We collect and represent your views, and work to help you get the best out of the services you use.

## Share your stories and ideas with us...

The majority of our work at Healthwatch Haringey is only possible when local people talk to us about their experiences of using local health and care services, good and bad.

By understanding your needs and issues we are able to help make a difference to local services.

We use your stories, ideas and experiences to encourage those who run services to act on what matters to you. We can only do this if you tell us about your experiences of health and care services in Haringey.

A few minutes of your time could make a big difference for everyone.



## Ask us...

We can help you to find out about local health and care services. Maybe you need to find a local care home or GP, or want to know what mental health support is available in Haringey. We can point you in the right direction.

## Do you need to complain?

If you are unhappy with the care or treatment you have received we can provide information on how to make a complaint. Healthwatch Haringey is not a complaints service, but we can help you find these services if you need them.



## Get involved

**Everyone who uses local health and care services, or cares for someone who does, can get involved:**

- Tell us how the health and care services you use are performing
- Help us collect views and ideas from your local community
- Volunteer with us
- Respond to occasional surveys
- Become a patient or service user representative
- Help us to promote Healthwatch Haringey in your area

If you are interested, get in touch.

Contact us using the details on the back page.

**Healthwatch Haringey is an independent health and care watchdog. Your views and ideas help us to get the best out of local services.**

You can contact us by **telephone**, **email**, **website**, or by using our **Freepost** address.


If you would like us to come and speak to your group or organisation please get in touch.

 **Call us:** 020 8888 0579

 **Email us:** [info@healthwatchharingey.org.uk](mailto:info@healthwatchharingey.org.uk)

 **Visit our website:** [healthwatchharingey.org.uk](http://healthwatchharingey.org.uk)

 **Follow or talk to us on Twitter:** @HWHaringey

 **Write to us:**  
Freepost RTXY-BSRB-RCSS  
Public Voice CIC  
Tottenham Town Hall  
Town Hall Approach Road  
London N15 4RX



**healthwatch**  
Haringey



Healthwatch Haringey is run by Public Voice,  
Community Interest Company (CIC) number: 9019501  
Registered office: Tottenham Town Hall, Town Hall Approach Road, London N15 4RX.